

Nursing Department *Course Description*

Course Number : (0901352)

Course Name: Mental Health Nursing (Theory)

Number of credit hours: 3

This course is designed for senior nursing students to help them conquer the knowledge regarding prevention, management and nursing care of people of all ages who are suffering from mental illness and its effects. An important element in this course is that the provision of nursing care, including: including assessment, diagnoses, planning, intervention and evaluation of psychiatric disorders will be introduced with particular emphasis on the functional health pattern, which in turn, focus on a holistic approach of caring. Additionally, this course equips students with a well-developed knowledge base, along with particular skills in caring dimensions of mental health nursing, which help students make sound clinical judgments both autonomously and as a full member of the multidisciplinary team. In addition to that, this course utilizes theories and concepts related to human behavior and alterations in human behavior. Using a holistic nursing approach, emphasis is on communication skills, self-awareness, and therapeutic use of self in selected settings.