

3.3.2 Health outreach programs

Isra University encourages students to volunteer to achieve its missions, and that includes volunteering to improve the health and wellbeing of the community. As a matter of fact, one of the students clubs the university advocates is a club designated to encourage student volunteering. Through its students, affiliates and various departments, the university organised several programs to promote good health and wellbeing of the students, university affiliates and the local communities in 2023. A list of these programs is provided below, along with the date and link to the university webpage:

- The university volunteer work club aims to educate students on the importance of volunteer work and participation on all occasions and events, whether inside or outside the university, and to create modern volunteering ideas. The club is listed second in the list of student clubs on the webpage of the university deanship of student affairs.
<https://iu.edu.jo/index.php/ar/all-std-announcements/1255001587-iu-ads>
- In 2023, the public safety committee at the college of business, in cooperation with Civil Defence organised a lecture entitled “First Aid, Evacuation, and Disaster Prevention Methods” to raise awareness on how to respond in emergency situations. The lecture included a demonstration on how to perform artificial respiration for an injured person, and other aspects related to public safety, evacuating buildings, and dealing with fires. The link to this activity is given below:
<https://www.iu.edu.jo/index.php/ar/all-news/1255003532-iu-324099876>



- The university organised an activity entitled: **Early Intervention for Children with Special Needs**. The activity was performed on the occasion of the **International Day of Children with Disabilities and Special Needs**, in the presence of the Dean of Student Affairs, deans of colleges, faculty members, and students. The activity stressed on the importance of early interventions to help improve the lives of children with special needs and their integration into

society. Early interventions can include provision of various medical, social, educational and psychological services to children under the age of six who suffer from a disability or developmental delay or who have a tendency to become handicapped.

<https://www.iu.edu.jo/index.php/ar/all-news/1255003511-iu-32408887766>

- The university organised a **free medical day** in cooperation with **Telescope Eye Medical Centre**. The objective of this activity to encourage regular examination of eye for changes in vision, cornea, and retina. The activity aligns with the university's mission to encourage and promote health care through educational programs, and to provide sublime medicine to help people in need. The activity discussed the most common eye diseases such as cataracts that can inflict damage onto the optic nerve. In addition, the activity discussed conjunctival infections in addition to genetic eye diseases. The link to this activity is given below:
<https://www.iu.edu.jo/index.php/ar/all-news/1255003495-iu-32408887>
- Based on the university's vision of serving the local community and student participation in volunteer work, the **Student Affairs Committee in the College of Science** launched the **Warm Your Heart initiative in its first phase**, which included distributing winter supplies to students in need (from first to sixth grade) at Al-Zaafaran School/ Giza District. The visit included distributing symbolic gifts to all students from kindergarten to ninth grade, holding competitions, distributing gifts to the winners of the first grade, and **conducting scientific experiments for the tenth, ninth, and fifth grade students**. It is worth mentioning that a number of faculty members, laboratory supervisors, and female students from the chemistry and physics departments participated in the activity and prepared it. The link to this activity is given below:
<https://www.iu.edu.jo/index.php/ar/all-news/1255003476-iu-324022220>
- Public Safety office of the university organised an awareness lecture on **"Public Safety and Health"** in cooperation with the **College of Pharmacy**. The objective of the activity was to achieve the highest standards of public safety and occupational health for all employees.
<https://www.iu.edu.jo/index.php/ar/all-news/1255003443-iu-3240098>
- The College of Arts organised a lecture entitled **"The Psychological Effects of Seeing Disasters and Crises"**. The activity addressed offering **psychological support to students** to overcome the effects of mentally distressing images from Gaza war as an example.
<https://www.iu.edu.jo/index.php/ar/all-news/1255003437-iu-3240999>
- In 23-08-2023, Isra University was present at the launch of the **Prince Hussein bin Abdullah II Award for Voluntary Work**. The Dean of Student Affairs participated in the ceremony honouring the winners of the Prince Hussein bin Abdullah II Award for Voluntary Work, in the presence of His Royal Highness Prince Hussein bin Abdullah II, the Crown Prince.
<https://www.iu.edu.jo/index.php/ar/all-news/1255003349-iu-6540>
- Isra university is also supports efforts to help the refugees and those displaced from their homes. In the past, Isra university offered scholarships to Syrian refugees in Jordan. It also signed agreements with international associations to assist in the helping refugees, like the memorandum of understanding that was signed between the University and the Swiss Refugee

University (Winnie Reif). The memorandum was signed back in 2018, and its objective was to provide university education (scholarships) and vocational training for Syrian refugees residing in refugee camps in Jordan.

<https://www.iu.edu.jo/index.php/ar/all-news/2485-2018-05-09-13-15-18>

https://www.facebook.com/areennews/posts/197507779474125/?locale=ar_AR&_rdr

<https://al-ain.com/article/syrian-refugees-jordan-red-crescent#!>



- On 3rd of November 2022- Al-Isra College of Pharmacy organised an **awareness campaign on the topic of breast cancer**. The campaign included spreading awareness on the importance of early screening for breast cancer, during which introductory leaflets were distributed about the nature of the disease, and a set of awareness cards and scientific brochures were distributed.
<https://www.iu.edu.jo/index.php/ar/all-news/1255002861-iu-news-3342>
- On 25-01-2023, **The College of Science** organised a workshop entitled **“First Aid”** The workshop included the importance of correctly dealing with various accidents (loss of consciousness, suffocation, swallowing a foreign body, fractures and cardiopulmonary resuscitation) and the necessity of observing general safety rules when treating the injured and taking the necessary measures for each injury until the arrival of specialised paramedics or the nearest hospital.
<https://www.iu.edu.jo/index.php/ar/all-news/1255003076-isra-iu-54780>
- On April 10th, 2023, Isra University organised a qualitative lecture entitled **“Sports and Healthy Food in Ramadan”**. The lecture discussed several topics, including: the importance of exercising and the appropriate times for doing so, and healthy nutrition in the holy month of Ramadan in terms of quantity, type and times. The Dean of Student Affairs emphasised the extent to which

sports activity and a balanced diet contribute effectively to students' academic achievement, and the positive effect this harmony has in strengthening and consolidating information in memory and facilitating its easy retrieval.

<https://www.iu.edu.jo/index.php/ar/all-news/1255003179-iu-00000000121478>

- On May 3rd, 2023 Isra University organised a **blood donation campaign**, The campaign was organised by the Centre for Counselling, Continuing Education and Community Service in cooperation with the **“We Are” volunteer platform**, the Deanship of Student Affairs and the Blood Bank at the Ministry of Health. The campaign was held at the university health centre. The organisation of the blood donation campaign comes within the framework of the university's keenness to have its students participate in serving the local community and engaging in volunteer work. The campaign also aims that students understand that blood donation is a religious, humanitarian act and a culture rooted in the Jordanian society, as it is a civilised medical initiative and ongoing charity that contributes to saving the lives of patients who are in dire need for blood transfusion, adding that donating blood gives the donor a feeling of vitality, energy and pride for contributing to saving the lives of a large number of patients. The donated blood was delivered to national blood bank to enhance the strategic blood reserve.

<https://www.iu.edu.jo/index.php/ar/all-news/1255003196-iu-9870000000000000>



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Link

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